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|  |  | **1** AM Exercise 9:00]  Art  Lunch  Pumpkin Pass (GR)  Gym Activities | **2** AM Exercise 9:00  **Botanical Gardens**  Lunch  Karaoke  Gym Activities | **3** AM Exercise 9:00  **Bowling $5**  Lunch  Water Noodle Hockey (G)  Gym Activities | **4** | **5** |
| **6** | **7** AM Exercise 9:00  Science  Lunch  Drum Therapy (GR)  Gym Activities | **8** AM Exercise 9:00  Art  Lunch  Ghosts and Witches (G)  Gym Activities | **9** AM Exercise 9:00  **Aldridge Gardens**  Lunch  Karaoke  Gym Activities | **10** AM Exercise 9:00  **Bowling $5**  Lunch  Fact or Fiction (C)  Gym Activities | **11** | **12** |
| **13** | **14** AM Exercise 9:00  Fitness  Lunch  Halloween Relay (G)  Hand in Paw | **15** AM Exercise 9:00  Art  Lunch  Pillow Polo  Gym Activities | **16** AM Exercise 9:00  **Pumpkin Patch $15**  Lunch  Karaoke  Gym Activities | **17** AM Exercise 9:00  **Bowling $5**  Lunch  Science Lady (GR)  Gym Activities | **18** | **19** |
| **20**  **Halloween Dance**  **6-8 pm** | **21** AM Exercise 9:00  Communication  Lunch  Bocce (GR)  Gym Activities | **22** AM Exercise 9:00  **Hoover Fitness**  Lunch  Minute to Win it (C)  Gym Activities | **23** AM Exercise 9:00  Fall Name 10  Lunch  Karaoke  Gym Activities | **24** AM Exercise 9:00  **Bowling $5**  Lunch  Spider Web (C)  Gym Activities | **25** | **26** |
| **27** | **28** AM Exercise 9:00  Cooking  Lunch  Halloween Bingo (BR)  Gym Activities | **29** AM Exercise 9:00  Art  Lunch  Pumpkin Decorating (C)  Gym Activities | **30** AM Exercise 9:00  **Party Art $12**  Lunch  Karaoke  Gym Activities | **31** AM Exercise 9:00  **Bowling $5**  **Lunch Provided $7**  Birthday Celebration  Halloween I Spy (C)  Gym Activities |  |  |

* We will be going to the Great Pumpkin Patch this month. Each participant should bring a sack lunch to eat there, please note that we will not have access to a microwave, so plan accordingly. Participants should wear comfortable, close-toed shoes. **You must be at The Exceptional Foundation by 8:00 am and we will return around 2:00**
* Lunch provided this month will be a football party with hamburgers, potato salad, and baked beans.
* The Junior League will be hosting a Halloween Dance on October 20th in the EF gym. Dinner will be provided, and we encourage you to wear your best costume or Halloween attire!
* The Friday Night Out event is TBD. Flyers with more information will be at the front desk a couple weeks before the event. Spaces are limited.
* This month our EF Outing will be on Wednesday, October 30th. We will join the UAB Best Buddies for a Halloween Party. Flyers can be found at the front desk with more information. Spaces are limited.